

## Curriculum Vitae

### **RICHARD N. COSTA, PSY.D., M.P.**

Louisiana State University Health Sciences Center School of Medicine  
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#### **EDUCATION:**

- January, 2009*  
*to*  
*May, 2011*      **California School of Professional Psychology at Alliant International University**, Baton Rouge, LA Campus  
Postdoctoral Master of Science Program in Clinical Psychopharmacology
- July, 2002*  
*to*  
*June, 2003*      **Louisiana State University Health Sciences Center**  
School of Medicine, Department of Psychiatry, New Orleans, LA  
Postdoctoral Fellowship in Clinical Psychology and Infant Mental Health
- September, 1996*  
*to*  
*May, 2002*      **Georgia School of Professional Psychology at Argosy University**  
Atlanta, GA  
Clinical Psychology Program - Child & Family Track  
Doctor of Psychology  
Cumulative GPA: 3.7
- July, 2000*  
*to*  
*June, 2001*      **Louisiana State University Health Sciences Center**  
School of Medicine, Department of Psychiatry, New Orleans, LA  
Predoctoral Internship in Clinical Psychology
- September, 1996*  
*to*  
*June, 1998*      **Georgia School of Professional Psychology at Argosy University**  
Atlanta, GA  
Clinical Psychology Program  
Master of Arts  
Cumulative GPA: 3.7
- September, 1990*  
*to*  
*June, 1994*      **University of Massachusetts at Dartmouth**  
North Dartmouth, MA  
Bachelor of Arts, *Magna Cum Laude*  
Major: Psychology; Minor: Sociology  
Member of Dean's List & Chancellor's List  
Cumulative GPA: 3.6; Psychology GPA: 3.8

**LICENSURE:** Louisiana State License # 946, Clinical Psychology (Granted 11/14/03)  
Louisiana State License #MP.0022, Medical Psychology (Granted 3/7/12)

**PROFESSIONAL CLINICAL EXPERIENCE:**

*October, 2003*                    **Assistant Professor of Clinical Psychiatry** [Full Time]  
*to*                                    Louisiana State University Health Sciences Center School of Medicine  
*Present*                            Department of Psychiatry, New Orleans, LA

**Director of Clinical Psychology Internship Training Program** (October 2005 to October 2011)  
Louisiana State University Health Sciences Center School of Medicine  
Department of Psychiatry, New Orleans, LA

Duties: After being appointed following Hurricane Katrina, successfully petitioned to have this APA accredited clinical psychology training program reinstated. Submitted proposal in 2008 that was accepted by APA to expand internship training program to include new Adult Track. Oversaw all aspects of predoctoral internship recruitment, training, supervision, and evaluation of all psychology interns in Adult/Child, Infant/Child, and Adult Psychology internship training tracks. Completed Self-Study and participated in APA site visit in March 2010 which resulted in successfully receiving an additional seven years of accreditation.

**Project Coordinator** (October 2008 to October 2013)  
**Associate Coordinator for Clinical Services** (October 2003 to October 2013)  
Louisiana Rural Trauma Services Center  
Louisiana State University Health Sciences Center School of Medicine  
Department of Psychiatry, New Orleans, LA

Duties: Assisted in developing and expanding this program in cooperation with the National Child Traumatic Stress Network (NCTSN) and the Substance Abuse Mental Health Services Agency (SAMHSA) according to research protocol. Provided various mental health assessment, treatment, crisis intervention, forensic, and educational services for infants, children, adolescents, and their families exposed to traumatic events in three rural Louisiana parishes (St. James, St. John the Baptist & West Feliciana). Provided forensic assessment, consultation, advocacy, and follow-up treatment to children, adolescents, and families referred from the St. James and St. John the Baptist Parish Juvenile and Truancy Courts and Families in Need of Services (FINS) Programs. Provided training to school and hospital personnel to identify and respond to traumatic incidents involving infants, children, adolescents, and the community at large. Provided onsite and telephone consultation to mental health clinicians and supervision to psychology and social work interns as needed. Create, edit, manage, and analyze statistical data using SPSS and EXCEL databases. Replicated model in St. Bernard, Orleans, and Plaquemine Parishes following Hurricane Katrina. Promoted to Project Coordinator in 2008 after NCTSN/SAMHSA grant was successfully refunded. Expanded project to provide mental health services to military families in Plaquemine Parish schools and Naval Base.

**Harris Infant Mental Health Program** (October 2003 to Present)  
Louisiana State University Health Sciences Center School of Medicine

Department of Psychiatry, New Orleans, LA

Duties: As a member of the Core Clinical Faculty, provide a variety of outpatient assessment and therapeutic services to infant, child, adolescent, adult, and family clients referred through the LSUHSC Child and Adolescent and Adult Psychiatry Clinics. Supervise and teach a multidisciplinary group of fellows and interns various topics related to infant mental health in this program's weekly didactic seminars.

**LSUHSC Outpatient Clinic/Behavioral Sciences Center** (October 2003-Present)

**Clinician & Clinical Supervisor**

Louisiana State University Health Sciences Center School of Medicine

Department of Psychiatry, New Orleans, LA

Duties: Provide a variety of psychotherapeutic and evaluative services to children, adolescents, families, and adults at an outpatient clinic. Provide clinical supervision to predoctoral and postdoctoral psychology interns and fellows overseeing all aspects of their outpatient psychotherapy and psychological evaluation of all clinic patients served.

**Mental and Behavioral Health Capacity Project** (October 2013-Present)

**Coordination of Care/Care Management Program Coordinator** (July 2014 to Present)

**Clinician & Clinical Supervisor**

Louisiana State University Health Sciences Center School of Medicine

Department of Psychiatry, New Orleans, LA

Duties: Provide a variety of assessment, treatment, crisis management, and consultation/liaison services in several Federally Qualified Health/Primary Care Clinics located in St. Bernard and Jefferson Parishes in accordance with a grant from British Petroleum (BP) to provide psychological services to communities impacted by the 2010 Gulf Coast's Deepwater Horizon oil spill. Provide clinical supervision to postdoctoral psychology fellows, psychiatry residents, and research associates overseeing all aspects of their clinical and research duties.

*March, 2012*

**Private Practice Clinician**

*to*

**Owner & Manager** [Part Time]

*Present*

Center for Emotional Health & Wellness, LLC

6221 So. Claiborne Ave., Ste 201, New Orleans, LA 70125

Duties: Provide a variety of state-of-the art, culturally sensitive assessment, psychotherapy, crisis management, and psychopharmacological services to children, adolescents, families, and adults at this privately owned outpatient mental health center with a special emphasis placed on providing a multidisciplinary one-stop-shop approach to treating mental health difficulties from a holistic wellness approach.

**RENEW Science and Technology Academy** (October 2012-December 2014)

**Consulting Clinical and Medical Psychologist** [8 hours/ week]

820 Jackson Ave., New Orleans, LA 70130

Duties: Provided onsite consultation/liaison, psychotherapeutic, crisis management, and medication management services to students, families, and school personnel at the RENEW Sci Tech Academy, a public charter elementary school in New Orleans, LA. Conducted home visits to provide supplemental support to families/caregivers of children served and worked closely with pediatricians/primary care doctors to coordinate care of children receiving psychopharmacological treatment at school. Facilitated supportive consultation groups with faculty and staff that included providing ongoing staff development training sessions as well as classroom management in this unique therapeutic educational program.

**CLINICAL TRAINING EXPERIENCE:**

*July, 2002*                      **Postdoctoral Psychology Fellow** [Full Time]  
*to*                                      Louisiana State University Health Sciences Center School of Medicine  
*October, 2003*                      Department of Psychiatry: Section of Psychology, New Orleans, LA  
Supervisors: Amy Dickson, Psy.D. and Joy Osofsky, Ph.D.

Duties: Provided a wide variety of consultative, diagnostic, and therapeutic psychological services to infants, children, and their families/caretakers as a member of the multidisciplinary Permanency Infant and Preschool Team Program of Orleans Parish. Conducted psychological assessments of cognitive, developmental, and relational functioning of clients referred by the Office of Community Services (OCS) via home visits, videotaped observations, structured Parent Perception of the Child (Working Model) interviews, still-face, and play situation/interaction data in order to make permanency placement decisions for infants and young children removed from the care of their primary caregivers. Integrated data into comprehensive evaluation reports used for forensic purposes to assist the court in determining and implementing recommendations that are in the best interest of the children served. Provided court testimony as an expert witness. Provided outpatient individual and dyadic psychotherapy services to children and their caretakers. As a member of the Harris Fellowship Program, participated in weekly didactic seminar and group supervision utilizing a primarily psychoanalytic/psychodynamic approach to conceptualizing case material presented.

*July, 2000*                      **Predoctoral Intern in Clinical Psychology** [2000 hours]  
*to*                                      Louisiana State University Health Sciences Center School of Medicine  
*July, 2001*                      Primary Rotations: Medical Center of Louisiana at New Orleans-Charity  
Hospital [30 hours / week, six months]  
New Orleans Adolescent Hospital [30 hours / week, six months]  
Supervisors: F. Merritt Ayad, Ph.D., Thomas Wolf, Ph.D., Catherine Reichard, Ph.D., Vincent Carbone, Ph.D., and Randolph Harper, Ph.D.

Duties: Provided a variety of diagnostic and therapeutic psychological services to diverse patient populations in accredited internship program following the criteria set forth by the American Psychological Association and the Association of Psychology Postdoctoral and Internship Training Centers. Conducted psychological assessments, group therapy, individual therapy, family therapy, and consultation as a member of multidisciplinary psychiatric treatment teams in inpatient adult and pediatric settings. Provided outpatient diagnostic and psychotherapy services to children, adolescents, adults, and families through the Louisiana State University School of Medicine Adult Psychotherapy and Child and Adolescent Psychotherapy Clinics. Participated in weekly didactic

seminars and case conferences on clinical neuropsychology, psychological assessment and brief intervention, child and adolescent treatment, family therapy, ethical issues, cultural/diversity issues, and clinical supervision.

*August, 1999*                    **Advanced Practicum Student** [500 hours]  
    *to*                                Emory University School of Medicine  
*June, 2000*                    Grady Health System, Department of Pediatrics:  
   Hughes Spalding Children's Hospital;  
   Georgia Comprehensive Sickle Cell Center  
   Atlanta, GA  
   Supervisors: Ann Hazzard, Ph.D. and Marietta Collins, Ph.D.

Duties: Provided a wide variety of psychological evaluation, therapy, and consultation services to children and families through the Department of Pediatrics, affiliated with Emory University and Morehouse Schools of Medicine. Conducted cognitive, developmental, learning disability, neuropsychological screenings, and personality assessments with children and adolescents. Presented evaluation conclusions and recommendations for interventions to parents/caretakers, teachers, and physicians. Participated in an outcome research project comparing the effectiveness of an experimental (STARBRIGHT) versus traditional recreational therapy activities in hospitalized patients with sickle cell disease and asthma.

*August, 1998*                    **Therapy Practicum Student** [Part Time - 1000 hours]  
    *to*                                The Hub Counseling & Education Center  
*August, 1999*                    Tucker, GA  
   Supervisors: Sonya Roland, Ph.D. and Claire Fuller, Ph.D.

Duties: Provided diverse clinical services to individual, adult, child, adolescent, and family clients at this non-profit counseling center. Participated as co-therapist with senior therapists as well as in weekly clinical team meetings and inservices. Conducted inservice on HIV/AIDS testing and counseling. Joined "family team" for periodic live supervision of family therapy sessions. Educated parents at an area elementary school using the Ages and Stages of Development curriculum. Established, advertised, and co-facilitated a time-limited support group for gay, lesbian, and bisexual adults referred within the community.

*June, 1998*                    **Violence Recovery Program Extern** [Part Time – 30 hours / week]  
    *to*                                Fenway Community Health Center  
*August, 1998*                    Boston, MA  
   Supervisors: Jose Pares-Avila, M.A. and Emily Pitt, M.S.W.

Duties: Provided crisis intervention and supportive counseling, advocacy, and referral services to gay, lesbian, bisexual and transgendered (GLBT) survivors of bias/hate crimes, domestic violence, sexual assault, and police misconduct. Informed and educated clients about legal rights. Coordinated service plans, assisted clients in securing services, and provided court accompaniment. Worked with police and other criminal justice agencies to identify GLBT crime victims and provided follow-up services. Organized, prepared, and data entered statewide statistics of hate crimes and domestic violence incidents reported to this program's hotline through the 1997-1998

fiscal year.

*September, 1997*      **Diagnostic Practicum Student** [Part Time - 600 hours]  
*to*                      Emory University School of Medicine,  
*May, 1998*              Department of Child and Adolescent Psychiatry  
                                 Atlanta, GA  
                                 Supervisors: Ronald T. Brown, Ph.D. and Danielle Devine, Ph.D.

Duties: Provided various evaluation, therapeutic, and consultation services, including psychological assessments of children and adolescents with suspected Attention-Deficit Hyperactivity Disorders (ADHD) and/or Learning Disabilities. Evaluated children and adolescents with various cancers or sickle cell disease in the Ronald McDonald Hematology/Oncology Division of the Children's Hospital of Atlanta at Emory University School of Medicine. Conducted structured and semi-structured interviews with parents and teachers. Utilized classroom observation to assess child behavior. Presented evaluation conclusions and recommendations to parents/caretakers, physicians, and teachers.

**SUPERVISED CLINICAL EXPERIENCE:**

*July, 2001*              **Clinical Psychology and Research Associate** [Full Time]  
*to*                      Louisiana State University Health Sciences Center School of Medicine  
*July, 2003*              Department of Psychiatry: Section of Psychology, New Orleans, LA  
                                 Supervisor: Grant Butterbaugh, Ph.D.

Duties: Conducted pre- and post-surgical neuropsychological and psychological evaluations of patients with intractable epilepsy. Participated on multidisciplinary team through the LSUHSC Epilepsy Center of Excellence. Collaborated on research projects studying the neurobiological and psychosocial impact of epilepsy related to structural MRI, memory, cost-benefit analysis of epilepsy surgery, and quality of life. Used SPSS to enter, manage, and analyze large longitudinal databases.

*July, 1999*              **REACH (Rapid Evaluation & Clinical Help) Assessment Clinician**  
*to*                      Emory University West Paces Medical Center  
*February, 2000*        Department of Behavioral Health Services  
                                 Atlanta, GA  
                                 Supervisor: Janine Kennedy, LCSW

Duties: Provided on-site consultation and mobile mental health/psychiatric and chemical dependency assessment, crisis intervention, health information, and referral assistance services at several emergency departments affiliated with the Emory University School of Medicine. Interfaced with medical staff of several clinical and administrative departments of these hospitals working closely with patients, families and significant others, as well as with diverse community and public agencies to facilitate referrals to outpatient, partial or inpatient hospital settings.

*July, 1994*              **Mental Health Support Counselor** [Full Time]  
*to*                      Hyland House, Incorporated  
*May, 1995*              Fall River, MA

Supervisor: Stephan Merrill, M.S.W

Duties: Assisted in placement of clients with chronic mental illness from assisted living facilities into mainstream apartments within the community. Provided outreach assistance within supported housing program, apartment visits, daily living assistance, and support counseling. Worked to establish treatment goals, provide pharmacological education, and administer medication to clients. Collaborated with psychiatrists, psychologists, case managers, social workers, and physicians to develop and implement specific treatment plans to guide patient treatment. Maintained records and provided training and support for peer counselors providing outreach to clients within the program.

*June, 1993*                    **Relief Counselor** [Part Time – 10 to 20 hours / week]  
to  
*July, 1994*                    Meadowridge Behavioral Health Center  
Swansea, MA  
Supervisor: Ronald Allan, Ph.D.

Duties: Provided mental health services to adolescents living in this residential treatment program, following a structured behavior modification model. Monitored activities of daily living and accompanied clients on appointments and earned trips. Acted as an academic and vocational aide in onsite classrooms and a job coach to clients employed in the community.

**RESEARCH EXPERIENCE:**

*July, 2001*                    **Research Fellow: LSUHSC Epilepsy Center of Excellence** [Full Time]  
to  
*July, 2003*                    Louisiana State University Health Sciences Center School of Medicine  
Departments of Psychiatry & Neurology, New Orleans, LA  
Principle Investigators: Bruce Fisch, M.D. & Grant Butterbaugh, Ph.D.  
Co-Investigators: Piotr Olejniczak, M.D. & Michael Carey, M.D.

Duties: Collaborated with the Department of Neurology on various studies to identify neuropsychological, neurophysiological, neuroimaging prediction, cost-effectiveness, and cost-benefit analyses of outcomes following epilepsy surgery and/or medication treatment. Created outcome questionnaires to compare quality of life of patients pre- and post-epilepsy surgery. Assisted in completing Institutional Review Board forms, which were accepted by the LSUHSC IRB office. Studied various aspects of the Symptom's Checklist-90-Revised (SCL-90-R) to identify possible means of lateralization in epilepsy. Conducted extensive neuropsychological assessments, according to research protocols, of patients evaluated from the LSUHSC Epilepsy Center of Excellence. Scored, interpreted, and completed comprehensive assessment reports for referring neurologists and neurosurgeons.

*January, 2001*                **Research Associate: Job Stress Related Hypertension Study** [Part Time]  
to  
*July, 2003*                    Louisiana State University Health Sciences Center School of Medicine  
Departments of Psychiatry & Nephrology, New Orleans, LA  
Principle Investigator: Efrain Reisin, M.D.  
Co-Investigators: Erwin Aguilar, Pharm.D. & Grant Butterbaugh, Ph.D.

Duties: Collaborated with the Department of Nephrology on a longitudinal study of pre-clinical

predictors of hypertension in new healthcare employees. Administered computer-based mental stress tests and psychosocial questionnaires to identify work and life stressors.

*June, 1999*                    **Research Assistant: Grady Adolescent Knowledge & Adjustment Study**  
*to*                                Emory University School of Medicine,  
*June, 2000*                    Grady Memorial Hospital Pediatric Infectious Disease Program  
Atlanta, GA  
Supervisor: Pam Bachanas, Ph.D.

Duties: Recruited HIV+ adolescents to assess skills, knowledge, and attitudes regarding “safe” sex practices and “high-risk” behaviors using structured interview and standardized measures in accordance with the research protocol.

*May, 1995*                    **Case Monitor [Full Time]**  
*to*                                Harvard Pilgrim Health Care of New England (HPHC) & Brown University  
*August, 1996*                Providence, RI  
Supervisors: Regina Dolan, Ph.D. and William Zwick, Ph.D.  
Principle Investigator: Robert Stout, Ph.D.

Duties: Recruited subjects from the substance abuse day treatment program of major health care provider. Interviewed clients with substance abuse problems and their significant others using standardized protocol. Provided ongoing case monitoring interventions with subjects randomized into treatment group by using active listening skills and providing appropriate referrals for outpatient/inpatient treatment services as needed. Collaborated with HPHC members, clinicians, and Brown University research staff. Acted as research assistant to Dr. Zwick by reviewing and procuring recent empirical literature in the areas of substance abuse assessment, treatment, and outcome.

*November, 1992*            **Research Assistant**  
*to*                                University of Massachusetts at Dartmouth  
*August, 1994*                North Dartmouth, MA  
Supervisor: Barry Haimson, Ph.D.

Duties: Assisted in designing and programming computer-based perceptual study. Prepared subjects for testing. Calibrated and ran computerized EEGs, collected observational behavior data, and entered/managed database.

### **PROFESSIONAL PUBLICATIONS:**

Hansel, T., Osofsky, H., Osofsky, J., **Costa, R.**, Kronenberg, M., & Selby, M. (2010). Attention to process and clinical outcomes of implementing a rural school-based trauma treatment program. *Journal of Traumatic Stress, 23* (6), 708-715.

Kliebert, T., Osofsky, J., Osofsky, H., **Costa, R.**, Drennan, P., Morse, P., & Morse, E. (2006). Trauma interventions and systems change in rural areas: The role of the juvenile court judge in collaboration with mental health professionals. *Juvenile and Family Court*



*Journal*, Winter: 71-77.

Butterbaugh, G., Rose, M., Thompson, J., Roques, M., **Costa, R.**, Brinkmeyer, M., Olejniczak, P., Fisch, B. & Carey, M. (2005). Mental health symptoms in partial epilepsy. *Archives of Clinical Neuropsychology*, 20, 647-654.

Butterbaugh, G., Olejniczak, P., Roques, M., **Costa, R.**, Rose, M., Fisch, B., Carey, M., Thomson, J. & Skinner, J. (2004). Lateralization of temporal lobe epilepsy and learning disabilities as defined by disability-related civil rights law. *Epilepsia*, 45, 963-970.

**Costa, R.** & Hayes-Hammer, J. (2004). Examining the duty to warn in HIV psychotherapy cases. *HIV Clinician*, 16 (1), 6-8.

### **PUBLISHED ABSTRACTS:**

Butterbaugh, G., Olejniczak, P., Carey, M., Fisch, B., Roques, M., & **Costa, R.** (2003). Reductions on hippocampal volumes are associated with mood and anxiety in temporal lobe epilepsy. *Journal of Clinical Neurophysiology*.

Butterbaugh, G., Olejniczak, P., Carey, M., Fisch, B., Roques, M., & **Costa, R.** (2003). Hippocampal asymmetry is associated with emotional distress in intractable temporal lobe epilepsy. *Journal of Clinical Neurophysiology*.

### **PROFESSIONAL PRESENTATIONS:**

**Costa, R.** (2014, August). *Medication Management in Children: A Guide for Educators*. Presented at the Science and Technology Academy, New Orleans, LA.

**Costa, R.** (2014, July). *Various Topics in Child Psychology: A Guide for Teachers*. Training session presented for the St. Bernard Parish School system, Chalmette, LA.

**Costa, R.** (2013, September). *Recognizing and Managing Work-Related Stress*. Training sessions presented at the Terrebonne Parish Police and Fire Departments, Houma, LA.

**Costa, R.** & McDonough, M. (2013, March). *Mindfulness: Recognizing and Managing Stress for School Personnel*. Training session presented for the Terrebonne Parish Schools, Houma, LA.

**Costa, R.** & Many, M. (February, 2013). *Realities of Bullying and Cyberbullying: A Guide for School Personnel and Students*. Workshop presented Terrebonne Parish School Board Office, Houma, LA.

**Costa, R.**, Carangi, J., Gurwitch, R., & Lawrason, B. (2012, September). *Secondary Traumatic Stress for Educators*. Live webinar training session presented as part of the National Child Traumatic Stress Network Online Speaker Series Program.

- Costa, R.** (2012, July). *Recognizing and Responding to Trauma: A Guide for Juvenile Court Personnel*. Training session presented at the Juvenile Regional Services Program, New Orleans, LA.
- Costa, R.** & Many, M. (2012, July). *Psychological First Aid*. Training session presented at Vietnamese American Youth League Association, New Orleans, LA.
- Osofsky, J., **Costa, R.**, Moore, M., Stepka, P. & Ciccone, A. (2012, June). *Lessons Learned from the Deepwater Horizon Oil Spill: Impact on the Community and Outreach to the Affected Community*. Presented at the Collaborative Efforts toward Understanding Disasters and Future Preparedness in the Gulf Coast Conference, New Orleans, LA.
- Costa, R.** & Many, M. (2012, January). *Psychological First Aid*. Training session presented at the Terrebonne Parish School System, Houma, LA.
- Costa, R.**, Osofsky, J., & Leskin, G. (2012, March). *Building Resilience in Schools for Children in Military Families*. Presented at the National Child Traumatic Stress Network All Network Conference, Baltimore, MD.
- Costa, R.** (2012, March). *Louisiana Rural Trauma Services Center*. Poster session presented at the National Child Traumatic Stress Network All Network Conference, Baltimore, MD.
- Costa, R.** & Many, M. (2012, January). *Psychological First Aid*. Training session presented at the Terrebonne Parish School System, Houma, LA.
- Costa, R.** (2012, January). *About Bullying: A Guide for Teachers, Parents, and Students*. Training session presented at the Lafourche Parish School System, Raceland, LA.
- Costa, R.** & Many, M. (2012, January). *Anger Management: What to do when I am really Mad?* Training session presented at the Lafourche Parish School System, Raceland, LA.
- Costa, R.** & Many, M. (2011, March). *Psychological First Aid*. Training session presented at the Lafourche Parish School System, Raceland, LA.
- Costa, R.** (2011, February). *Louisiana Rural Trauma Services Center*. Poster session presented at the National Child Traumatic Stress Network All Network Conference, Baltimore, MD.
- Costa, R.** (2010, August). *Responding to Individuals with Previous Trauma*. Presented at the LSUSHC Readiness and Recovery Conference, New Orleans, LA.
- Costa, R.** (2010, March). *Louisiana Rural Trauma Services Center*. Poster session presented at the National Child Traumatic Stress Network All Network Conference, New Orleans, LA.
- Costa, R.**, Many, M., Kronenberg, M., Osofsky, J. (June 2009). *Hurricane preparedness, crisis intervention, and Psychological First Aid*. Presented in collaboration with Mercy Family Center Fleur De Lis Program: New Orleans, LA.

- Costa, R.** (2009, April). *Katrina's children revised: A longitudinal story*. Presented at the Society for Research in Child Development Conference, Denver, CO.
- Costa, R.** (2009, April). *Lesson learned: A longitudinal look at Hurricane Katrina's Children*. Presented at the Families in Need of Services (FINS) Annual Conference, Baton Rouge, LA.
- Costa, R.** (2009, March). *Louisiana Rural Trauma Services Center*. Poster session presented at the National Child Traumatic Stress Network All Network Conference, Orlando, FL.
- Costa, R.** (2008, November). *The impact of childhood mental illness in the classroom: A guide for teachers*. Presented at Lafayette Academy Charter School. New Orleans, LA.
- Aguilar, E., Mercante, D., Morse, S., Lee, B., Liu, M., Kathresal, A., Butterbaugh, B., **Costa, R.**, Roques, B., Asghar, A., & Reisin, E. (2008, May). *Changes in abdominal circumference are associated with changes in blood pressure and intima-media thickness over a 4-year period on healthy young professionals*. Presented at the American Society of Hypertension 23rd Annual Scientific Meeting and Exposition, New Orleans, LA.
- Aguilar, E., Mercante, D., Morse, S., Lee, B., Liu, M., Mendez, C., Kathresal, A., Butterbaugh, B., **Costa, R.**, Roques, B., Asghar, A., & Reisin, E. (2008, May). *Using job stress (classified as low, mixed, and high) in predicting changes in blood pressure, intima-media thickness, common carotid distensibility, and abdominal circumference over a 4-year period in healthy young professionals*. Presented at the American Society of Hypertension 23rd Annual Scientific Meeting and Exposition, New Orleans, LA.
- Mendez, C., Aguilar, E., Mercante, D., Morse, S., Kathresal, A., Lee, B., Liu, M., Butterbaugh, B., **Costa, R.**, Roques, B., Asghar, A., & Reisin, E. (2008, May). *Using initial hypertension status (normal, pre-hypertensive, and hypertensive) to predict changes in blood pressure, intima-media thickness, common carotid distensibility over a 4-year period in healthy young professionals*. Presented at the American Society of Hypertension 23rd Annual Scientific Meeting and Exposition, New Orleans, LA.
- Costa, R.** & Kaywood, A. (2007, August). *Trauma intervention and systems of change in rural areas: The role of the juvenile judge in collaboration with mental health professionals*. Presented at the Systems of Care Community Meeting Conference, New Orleans, LA.
- Costa, R.** (2007, April). *Trauma 101: Childhood trauma and the link between rural court involvement*. Presented at the Families in Need of Services (FINS) Annual Conference, Baton Rouge, LA.
- Selby, M., **Costa, R.** & Pinson, N. (2007, March). *The link between rural court involvement and childhood trauma*. Presented at the National Association of Social Workers-LA Annual Conference, Baton Rouge, LA.
- Osofsky, J., Osofsky, H., **Costa, R.**, Dickson, A., Kronenberg, K., Jackson, T., Many, M.,

- Drennan, P., Morse, P., Hall, C., & McEnany, E. (2006, August) *Promoting resiliency in children and families in the wake of Hurricane Katrina*. Presented at the American Psychological Association Annual Convention, New Orleans, LA.
- Costa, R.**, Jackson, T. & Greene, M. (2005, October). *The aftermath of Hurricane Katrina: How to understand and help children of different ages*. Presented to the faculty and staff of East St. John High School, LaPlace, LA.
- Costa, R.**, Zenon, V., & Drennan, P. (2005, July). *Trauma in young children: Effects on and de-escalation of disruptive behavior*. Presented at the St. John the Baptist Parish School Board, LaPlace, LA.
- Costa, R.** & Jackson, T. (2005, June). *DBT with rural female adolescents/dependency courts and rural children*. Presented at the 13<sup>th</sup> Annual American Professional Society on the Abuse of Children Colloquium, New Orleans, LA.
- Costa, R.** & Jackson, T. (2005, June). *Assessment and treatment of traumatized adolescents in rural communities*. Presented at the Rural Mental Health Symposium, Moran, WY.
- Costa, R.** & Drennan, P. (2005, May). *Recognizing trauma in children: Implications for juvenile court cases*. Presented at the 10<sup>th</sup> Annual FINS Conference, Baton Rouge, LA.
- Costa, R.** & Pinson, N. (2005, April). *Recognizing trauma in young children*. Presented at the West Feliciana Family Services Center. St. Francisville, LA.
- Gabbard, W., Aguilar, E., Butterbaugh, G., Liao, J., Roques, R., Rose, M., **Costa, R.**, Tourgeman, K., & Reisin, E. (2004, May). *The relationship between stress-induced neurophysiologic responses and common carotid artery ultrasonographic imaging in normotensive and pre-hypertensive adults*. Presented at the 19th Annual Scientific Meeting of the American Society of Hypertension, New York, NY.
- Zhang, R., Aguilar E., Butterbaugh, G., Gupta, S., Liao, J., Ingaramo, R., Blake, C., Roques, B., Rose, M., **Costa, R.**, & Reisin, E. (2004, May). *Nondipping and mental stress-induced hormonal and hemodynamic changes and the risk of development of hypertension and cardiovascular disease*. Presented at the 19th Annual Scientific Meeting of the American Society of Hypertension, New York, NY.
- Gabbard, W., Aguilar, E., Tourgeman, K., Liao, J., Butterbaugh, G., Roques, B., Rose, M., **Costa, R.**, & Reisin, E. (2004, February). *The relationship between stress-induced neurophysiologic responses and common carotid artery ultrasonographic imaging in normotensive and pre-hypertensive adults*. Poster session presented at the Southern Medical Association, New Orleans, LA.
- Liao, J., Aguilar, E., Butterbaugh, G., Roques, B., Rose, M., **Costa, R.**, Reisin, T., & Reisin, E. (2004, February). *Identifying potential health risk factors of hypertension using mental stress tests in dialysis, intensive care, or emergency room nurses as compared to other*

- nursing specialties*. Poster session presented to the Southern Medical Association, New Orleans, LA.
- Morse, M., Aguilar, E., Morse, S., Liao, J., Gabbard, W., Butterbaugh, G., Roques, B., Rose, M., **Costa, R.**, & Reisin, E. (2004, February). *Carotid ultrasonography and mental stress-induced hemodynamic and neurohormonal responses: potential markers of metabolic syndrome*. Presented at the Southern Medical Association, New Orleans, LA.
- Zhang, R., Aguilar, E., Liao, J., Butterbaugh, G., Blake, C., Roques, B., Rose, M., **Costa, R.**, & Reisin, E. (2004, February). *Nondipping and mental stress-induced hormonal and hemodynamic changes as the risk of development of hypertension and cardiovascular disease*. Poster session presented at the Southern Medical Association, New Orleans, LA.
- Butterbaugh, G., Olejniczak, J., Carey, M., Roques, B., Rose, M., **Costa, R.**, & Fisch, B. (2004). *Psychiatric distress is associated with hippocampal asymmetry in temporal lobe epilepsy*. Presented to the Society of University Neurosurgeons, Stockholm, Sweden.
- Liao, J., Aguilar, E., Butterbaugh, G., Roques, B., Rose, M., **Costa, R.**, Reisin, T., & Reisin, E. (2003, November). *Identifying potential health risk factors of hypertension using mental stress tests in dialysis, intensive care, or emergency room nurses as compared to other nursing specialties*. Poster session presented to the American Society of Nephrology, San Diego, CA.
- Butterbaugh, G., Blackwell, P., Aguilar, E., **Costa, R.**, Reisin, T., Roques, B. & Reisin, E. (2003, February). *Impact of job or life stresses and affective states on resting blood pressure and heart rate in female nurses*. Poster session presented at the Louisiana State University Health Sciences Center School of Medicine Department of Psychiatry, New Orleans, LA.
- Costa, R.**, Dickson, A., & Kronenberg, M. (2003, February). *Diagnosing and treating Reactive Attachment Disorder in young children*. Presented at the 17th annual Prevent Child Abuse and Neglect Conference, Baton Rouge, LA.
- Costa, R.** (2002, May). *Attention-Deficit/Hyperactivity Disorder as a risk factor for HIV infection*. Doctoral dissertation, Argosy University, Atlanta, GA.
- Costa, R.**, Roques, B., Butterbaugh, G., Byerly, A., Dang, A., Aguilar, E., & Reisin, E. (2002, February). *Memory effects in normotensive healthcare professionals working night versus day shifts*. Poster session presented at the Louisiana State University Health Sciences Center School of Medicine Department of Psychiatry, New Orleans, LA.
- Kaslow, N., Cummings, S., Fodor, E., Leventhal, G. & **Costa, R.** (2001, March). *Training in group, couples, and family therapy*. Presented at the Association of Psychology Postdoctoral and Internship Centers (APPIC) Membership Meeting and Conference, New Orleans, LA.
- Bachanas, P., Mirsalimi, H., Ries, J. & **Costa, R.** (2000, August). *Psychosocial barriers to medical adherence in HIV-infected adolescents*. Presented at the American Psychological

Association Convention, Washington, DC.

Haimson, B., Kreiss, D., Haimson, J., & **Costa, R.** (1995, April). *ERP correlates of letter matching in a divided visual field task*. Poster session presented at the Eastern Psychological Association Conference, Boston, MA.

**PROFESSIONAL TEACHING POSITIONS:**

*Summer, 1999*                    **Child & Adolescent Assessment Teaching Assistant and Laboratory Section Graduate Instructor** [Part Time]  
Argosy University Atlanta, Georgia School of Professional Psychology  
Atlanta, GA  
Supervisors: Jennifer Stapel, Psy.D. and Arlene Noriega, Ph.D.

Duties: Taught laboratory section to doctoral-level students in the Child & Adolescent Assessment course. Created syllabus and provided instruction about appropriate use and integration of assessment tools and data. Promoted students' mastery of skills via observation and hands-on training in interviewing, test administration, scoring, test interpretation, and psychological report writing.

*January, 1994*                    **Physiological Psychology and Psychopharmacology**  
*to*                                    **Teaching Assistance** [Part Time]  
*May, 1994*                        University of Massachusetts at Dartmouth  
North Dartmouth, MA  
Supervisor: Lynn Tondat, Ph.D.

Duties: Assisted instructor of Physiological Psychology and Psychopharmacology courses. Tutored undergraduate and graduate students enrolled in these courses and provided study skills and test anxiety coping skills instruction.

**OTHER TEACHING EXPERIENCES:**

*July, 2010*                        **Diversity Issues: Louisiana/New Orleans Culture & Multicultural Counseling**  
*to Present*                        Teach predoctoral psychology interns [2 hours/year]  
Louisiana State University Health Sciences Center, New Orleans, LA

*May, 2006*                        **Impact of Maternal Depression on Infants and Young Children**  
*to Present*                        Teach/Supervise Harris Infant Mental Health Program fellows/residents  
[3hours/year], Louisiana State University Health Sciences Center, New Orleans, LA

*April, 2005*                        **Middle Childhood: Socioemotional Development**  
Taught second and third year general psychiatry residents [1 hour]  
Louisiana State University Health Sciences Center, New Orleans, LA

*November, 2004*                    **Multicultural Aspects of Psychotherapy and Case Formulation**

- to Present* Teach predoctoral psychology interns [1.5 hours x 2 sessions/year]  
Louisiana State University Health Sciences Center, New Orleans, LA
- January, 2004  
to Present* **Psychodynamic Theories and Therapy Case Formulation**  
Teach predoctoral psychology interns [1.5 hours x 2 sessions/year]  
Louisiana State University Health Sciences Center, New Orleans, LA
- December, 2004  
to Present* **Family Systems Theories and Therapy Case Formulation**  
Teach predoctoral psychology interns [1.5 hours x 2 sessions/year]  
Louisiana State University Health Sciences Center, New Orleans, LA
- November, 2004  
to Present* **Cognitive Behavioral Theories and Therapy Case Formulation**  
Teach predoctoral psychology interns [2 sessions/year]  
Louisiana State University Health Sciences Center, New Orleans, LA
- May, 2004  
to 2007* **Diagnostic Classification: 0 to 3** [2.5 hours x 2 sessions/year]  
Teach/Supervise Harris Infant Mental Health Program fellows/residents  
Louisiana State University Health Sciences Center, New Orleans, LA
- February, 2004  
& March, 2005* **Infancy: Development through the First Year of Life**  
Taught second and third year general psychiatry residents [1 hour/year]  
Louisiana State University Health Sciences Center, New Orleans, LA
- October, 2003  
to Present* **Parent-Child Relationship Assessment and Coding System**  
Teach Harris Infant Mental Health Program fellows/residents [2.5 hours/year]  
Louisiana State University Health Sciences Center, New Orleans, LA
- October, 2003  
to Present* **Play Therapy**  
Teach/Supervise Harris Infant Mental Health Program fellows/residents [2.5  
hours/year], Louisiana State University Health Sciences Center, New  
Orleans, LA
- September, 2003  
to Present* **Infant/Child Parent Psychotherapy** [2.5 hours x 3 sessions/year]  
Teach/Supervise Harris Infant Mental Health Program fellows/residents  
Louisiana State University Health Sciences Center, New Orleans, LA

**CLINICAL VOLUNTEER EXPERIENCE:**

- September, 1998  
to  
March, 1999* **HIV/AIDS Testing and Counseling Volunteer** [Part Time - 4 hours / week]  
DeKalb County Board of Health  
Decatur, GA  
Supervisor: Frank Coy, M.A.

Duties: Completed intensive 25-hour training program in HIV prevention counseling through the Centers for Disease Control and Prevention (CDC) in Atlanta, GA. Provided anonymous and confidential counseling, education, and test results to individuals tested for HIV, AIDS, and/or other

STDs.

*April, 1998*                    **AIDS Outreach Program Volunteer** [Part Time – 3 hours / week]  
*to*                                AID Atlanta  
*January, 1999*                Atlanta, GA  
Supervisor: David Powers, M.A.

Duties: Completed a six-week training course. Co-facilitated monthly support/discussion group for adult males focusing on various issues pertaining to sexuality and HIV/AIDS prevention.

*October, 1993*                **Suicide Prevention Volunteer** [Part Time - 30 hours / month]  
*to*                                United Way of Fall River / New Bedford  
*August, 1996*                Fall River, MA  
Supervisor: Randall Correia, M.Ed.

Duties: Completed 40-hour training program to counsel callers on crisis hotline. Participated in suicide prevention programs with other volunteers at schools, corporations, and fairs. Acted as Assistant Training Coordinator for interviewing and training prospective volunteers. Acted as Grief Facilitator to families and friends of suicide victims. Supervised other volunteers as a Home Leader.

*October, 1994*                **Lifeline Volunteer** [Part Time - 12 hours / month]  
*to*                                United Way of Fall River / New Bedford  
*August, 1996*                Fall River, MA  
Executive Director: Ellie Leite

Duties: Provided outreach to inmates enrolled in Lifeline program in three residential correction facilities. Educated inmates in suicide prevention, empathic listening skills, and crisis intervention. Promoted mastery of skills through role-playing.

*March, 1992*                    **Certified Rape Crisis Counselor** [Part Time]  
*to*                                University of Massachusetts at Dartmouth  
*May, 1994*                    North Dartmouth, MA  
Supervisor: Monica Chase, M.A.

Duties: Completed 30-hour training course to earn certification. Assisted with establishing active crisis hotline on campus. Provided rape awareness education to students.

**HONORS:**

*1994*                                **Psi Chi, the National Honor Society in Psychology**  
*to Present*                    Member

**MEMBERSHIPS OR POSITIONS:**

*2011*                                **Louisiana Academy of Medical Psychologists**



*to Present* Member

*2010 to Present* **National Register of Health Services Providers in Psychology**  
Member

*2010 to Present* **New Orleans/Birmingham Psychoanalytic Center**  
Member

*2008 to 2010* **Louisiana Psychological Association**  
Member

*1993 to 2010* **American Psychological Association**  
Student Affiliate

*1995 to 2003* **American Psychological Association**  
Division 44 - Society for the Psychological Study of Lesbian and Gay Issues  
Student Affiliate

*1999 to 2003* **American Psychological Association**  
Division 54 - The Society of Pediatric Psychology  
Student Affiliate

*1996 to 1998* **Georgia School of Professional Psychology Student Senate**  
Student Body Representative (Elected by Peers)  
Library Committee Representative, 1997 & 1998

*1991 to 1994* **University of Massachusetts Psychology Association**  
Student Member  
Vice President (Elected by Peers), 1994

**ADDITIONAL PROFESSIONAL TRAINING:**

*September, 2010 to June, 2011* **Course: Classical Theory in Psychoanalysis**  
**New Orleans/Birmingham Psychoanalytic Center**  
New Orleans, LA

*September, 2001 to September, 2002* **Honorary Fellowship**  
**New Orleans Psychoanalytic Institute and Society**  
Mentor: Randy Harper, Ph.D.

*April, 2001* **Course: Hospice Volunteer Orientation Training [6 hours]**  
Chaired by Susan Drongowski  
Sponsored by Hospice Care of Louisiana, New Orleans, LA

*November, 1998* **Course: HIV Prevention Counseling [25 hours]**  
Instructed by Kathleen Toomey, M.D., M.P.H

Sponsored by Georgia Department of Human Resources,  
Division of Public Health (Epidemiology and Prevention Branch)  
Atlanta, GA

*February, 1995*

**Course: Certification of Authority to Administer Medication** [20 hours]

Chaired by N. Hanson, M.D.

Sponsored by the Commonwealth of Massachusetts Department of Mental  
Health

*May, 1993*

**Course: Certification in Rape Crisis Hotline Training** [30 hours]

Chaired by Monica Chase, M.A.

Sponsored by New Bedford Women's Center, Inc., New Bedford, MA

**REFERENCES:**

**(1) Adrienne Brennan, Ph.D.**

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4640 So. Carrollton Avenue, #235  
New Orleans, LA 70119  
(504) 919-3301 / [adriannebrennanphd@gmail.com](mailto:adriannebrennanphd@gmail.com)

**(2) Mindy Kronenberg, Ph.D.**

University of Memphis & Independent Practice  
5583 Murray Ave, Suite 208  
Memphis, TN 38119  
(504) 343-5476 / [mindykronenbergphd@gmail.com](mailto:mindykronenbergphd@gmail.com)

**(3) William Walker, Ph.D.**

Louisiana State University School of Medicine  
1542 Tulane Avenue  
New Orleans, LA 70112  
(504) 344-2674 / [wwalke@lsuhsc.edu](mailto:wwalke@lsuhsc.edu)

**(4) The Honorable Thomas Kliebert, Jr.**

23<sup>rd</sup> Judicial District Court of Louisiana  
5800 LA Highway 44  
Convent, LA 70723  
(225) 562-2280